Participating labyrinth members and additional walking opportunties can be found at the following locations.

Please visit our website

www.labyrinthsofchemungcounty.org

Find us on Facebook

@labyrinthsofchemungcounty

Trinity Episcopal Church

304 N. Main St., Elmira, NY (W. First St. entrance)

(607) 732-3241

Call for group bookings



Our Saviour's Lutheran Church

2872 Westinghouse Rd.,

Horseheads, NY

(607) 739-9412



First Presbyterian Church

1054 W. Clinton St., Elmira, NY

(607) 734-1615



Our Lady of Lourdes

The Most Holy Name of Jesus Parish 1100 W. Church St., Elmira, NY



LABYRINTHS OF **CHEMUNG COUNTY** 2020 **SCHEDULE**



ALL ARE WELCOME to experience a walking meditation for Inner Peace and Spiritual Growth

"You enter a maze to lose yourself, and a labyrinth to find yourself" The Labyrinth Builders

2020 Labyrinth Walks

Walking with the Rhythm of the Earth Transforming the Human Heart Each Season

Each season is a stepping stone in the Great Circle of Life as the Earth sails along in her faithful rotation*

*Joyce Rupp & Macrina Wiederkehr, The Circle of Life, The Heart's Journey Through the Seasons

All Are Welcome!

Spring

... the season of anticipation, rebirth and the promise of hope, renewal and inner self-awakening

May you experience the awe and wonder of this time of growth.

Fri., March 20

7:00 PM

Lent

"Stations of the Cross and Meditation" Location: Trinity Church, Elmira

Thur., Apr 9

8:30 PM through 3:00 PM

Fri., Apr. 10

"Maundy Thursday through Good Friday Prayer Vigil and Labyrinth Walk" Location: First Presbyterian, W. Elmira If you wish you may sign up in advance for a one-hour prayer watch.







Summer

... the season of beauty, light, bounty and richness, sprinkled laziness and playfulness May our garden of life be filled with summer's

generosity, fruitfulness, and faithfulness.

Fri., June 19

7:00 PM

"Walking Meditation and Tibetan Bowl Sound Healing" with Mark Woodhouse Location: Trinity Church, Elmira

(\$8 suggested donation at the door)

Autumn

... the season of accomplishment and gratitude, nostalgia and wisdom, surrender and transformation. May our hearts be opened to the need for change on Earth

Sat., Sept. 21

7:00 PM

"International Day of Peace Walk" with Food Collection for the Community Cupboards Location: Trinity Church Courtyard, Elmira *

Winter

... the season of quiet, dormancy, withdrawal and restoration; of assurance, patience and rest May we share the Earth's virtues of solitude, contemplation, and faith.

Fri., Dec. 18

7:00 PM

"The Advent Lighting of the Candles" Location: Trinity Church, Elmira

* Outdoor Labyrinth (In case of rain, held inside.)



WELCOME TO THE LABYRINTHS OF CHEMUNG COUNTY

All walks are open to the public; facilitators are on hand to guide you.

Finger Labyrinths are available for those who wish to remain seated.

Free-will donations are gratefully received for maintainance of the Labyrinths.

Permanent Outdoor Labyrinths at Our Saviour's and Our Lady of Lourdes are available to walk at all times, at your convenience.

